



Certified Green Partners

GOING GREEN PLEDGE

Tips to Help Reduce Your Impact on Global Warming

AT WORK:

- Use only “Certified Paper” from sustainable forests (FSC, SFI or PEFC).
- Use a Certified “Chain-of-Custody” printer and demand “Certified Paper”.
- Demand from your printer vegetable-based inks for your stationary and other printed materials.
- Recycle paper, soda cans, and plastic bottles.

AT HOME:

- Recycle paper products, glass, soda cans and plastic bottles.
- Buy certified paper (FSC, SFI or PEFC) or 100% recycled paper products.
- Conduct a home energy audit. Switch to Green Power, such as solar and wind generated power. Buy energy efficient appliances and replace regular incandescent light bulbs with compact fluorescent light bulbs.
- Install a programmable thermostat and move your thermostat down 2° in winter, up 2° in summer and 10° when you’re not home. Insulate and weatherize your home.
- Clean or replace filters on your furnace and air conditioner.
- Turn off electronic devices when not in use and unplug them from the wall when possible.
- Only run your dishwasher when there’s a full load and use energy-saving setting.
- Use less hot water.

FOOD:

- Buy fresh foods instead of frozen.
- Seek out and support local farmers markets.
- Eat less meat (cows are one of the greatest methane emitters.)
- Buy locally grown and produced foods.

TRANSPORTATION:

- Reduce the number of miles you drive by walking, biking, car-pooling or taking mass transit wherever possible.
- Keep your car tuned and check your tires weekly to make sure they're properly inflated.

FAMILY AND FRIENDS:

- Educate your family and friends and show them how they can be green.

COMMUNITY:

- Call your power company to find out if they offer Green Energy, if they don’t, ask them why?
- Learn as much as you can about the climate crisis and put your knowledge into action.
- Join local efforts to stop global warming.
- Ask leaders to freeze CO2 emissions.
- Vote for politicians who pledge to solve the climate crisis and encourage Green practices.
- Reduce our dependency in foreign oil.
- Plant trees, lots of trees!